

PRESENT: J. Ahmad, Chairperson
B. Kish
A. McCorkell
K. McIntyre
G. Scott
P. Petrala
R. Kaptyn (exited at 5:31 p.m.)
S. McIntosh

ABSENT: M. Pedersen, Vice-chairperson
M. Barbone

COUNCIL: Councillor Manning

STAFF: S. Yee, Manager of Community Recreation
E. Tuson, Committee Clerk

Public: 2

Press: 0

1. CALL TO ORDER

The Chairperson called the meeting to order at 4:02 p.m.

2. ADOPTION OF AGENDA

2020-SAC-005

IT WAS MOVED AND SECONDED

THAT the Seniors Advisory Committee amend the agenda for March 3, 2020 to include:

- 9.1 – Senior Prices for Fitness Activities in White Rock
- 9.2 – Councillor Manning On Table Item

CARRIED

3. ADOPTION OF MINUTES

a) January 7, 2020

2020-SAC-006

IT WAS MOVED AND SECONDED

THAT the Seniors Advisory Committee adopt the January 7, 2020 meeting minutes as circulated.

CARRIED

4. HEALTHY AGING PROJECT PRESENTATION (30 MINUTES)

B. McMillian, United Way, provided a PowerPoint presentation to the Committee for information. United Way projects and groups related to seniors were noted.

In response to questions from the Committee, B. McMillian, United Way, noted:

- Connecting elders with younger people/ young families is good for isolation and socialization.
- The municipal caucus is still active and open to all municipalities. Currently, it is co-chaired by the Mayor of Vancouver. City senior staff, councillors and mayors are invited to take part in the caucus.

2020-SAC-007

IT WAS MOVED AND SECONDED

THAT the Seniors Advisory Committee request that a member of Council and/ or senior staff become a member of the municipal caucus.

CARRIED

Note: B. McMillian, United Way, exited the meeting at 4:55 p.m.

5. SELECTION OF THE 2020 CHAIRPERSON & VICE-CHAIRPERSON

The Committee discussed the appointment of a Chairperson and Vice-Chairperson for the 2020 Committee year.

2020-SAC-008

IT WAS MOVED AND SECONDED

THAT the Seniors Advisory Committee appoint the following member as Chairperson for the 2020 Committee year:

- Chairperson: J. Ahmed

2020-SAC-009

It was MOVED and SECONDED

THAT the Seniors Advisory Committee appoint the following member as Vice-Chairperson for the 2020 Committee year:

- Vice-Chairperson: M. Pedersen

CARRIED

6. OTHER MUNICIPALITIES' SENIORS' PLANS

The Committee discussed other municipalities' seniors' plans/ programming. The following key points were noted:

Delta

- Bus program for seniors 65 and older that runs from 9:30 a.m. – 3:30 p.m.
- The Snow Angels program has volunteers shovel driveways for those that cannot do it themselves.

Langley

- Hidden mobility disabilities alliance program.

Nova Scotia

- Accessibility and wayfinding signage.
- Education programs for the public to learn about ageism and senior isolation.

Calgary

- Public newspaper (Kerby News) for events and issues specific to seniors.
- Film festival about ageism.
- Healthy aging partnership with the University of Calgary.
- Homecare magazine published quarterly.

Coquitlam/ Port Moody

- Publication and resources for senior's services.

Surrey

- Seniors needs included in social policy framework.

7.

2020 COMMITTEE WORK PLAN

The Committee noted the following as possible work plan items:

- Communications to seniors.
- Ageism.
- Community bus for seniors.

Staff noted the following information:

- The spring/ summer leisure guide now has a senior's information page.
- The City launched a new senior's website. Under the "Seniors" tab, you can find information like programming, daily events for seniors, important contact information, community partners etc.

Action Item: Committee members, P. Petrala, G. Scott and J. Ahmed to form a list of work plan items and bring it back to the Committee for their review.

8.

FUTURE DELEGATIONS

2020-SAC-010

It was MOVED and SECONDED

THAT the Seniors Advisory Committee invite the Hidden Mobility Disabilities Alliance to a future meeting to provide a presentation.

CARRIED

9.

OTHER BUSINESS

None.

9.1

SENIOR PRICES FOR FITNESS ACTIVITIES IN WHITE ROCK

The committee noted that there is not senior's rates available for drop in fitness classes at the Centre for Active Living (CAL). Staff noted they have looked at providing 65+ drop in rates. In addition, there is the Leisure Access Pass that allows people to qualify for a discounted pass based on federal taxes.

The Committee noted that the program Exercise for the Prevention of Chronic Disease offers free seats at the request of your family doctor.

Note: R. Kaptyn exited the meeting at 5:31 p.m.

9.2 COUNCILLOR MANNING ON TABLE ITEM

Councillor Manning referenced the email received from Alexandra Neighbourhood House. Small neighborhood lead grants of up to \$500 for community lead initiatives.

Action Item: Staff to include this item on the next agenda for the Committees discussion and recommendation to Council.

10. 2020 COMMITTEE MEETING SCHEDULE

The 2020 meeting schedule was approved by the Committee at the November 5, 2019 meeting. The following dates are provided for reference purposes:

- March 31
- May 5
- June 2
- July 7
- September 8
- October 6
- November 3

11. CONCLUSION OF THE MARCH 3, 2020 SENIORS ADVISORY COMMITTEE MEETING

The Chairperson declared the meeting concluded at 5:35 p.m.

J. Ahmed, Chairperson



E. Tuson
Committee Clerk